

California Rehabilitation INSTITUTE

A Cedars/UCLA Health Partnership



Re-building *lives through* rehabilitation

**Inpatient
Rehabilitation Hospital**

CaliforniaRehabInstitute.com



Your choice of a rehabilitation hospital is one of the most important steps you will take toward recovery following a stroke, spinal cord, brain or orthopedic injury, neuromuscular illness, cancer, organ transplant, or other medical conditions.

The California Rehabilitation Institute, a partnership of Cedars-Sinai, UCLA Health and Select Medical, is one option to consider. We are a physical medicine and rehabilitation hospital with 138-private rooms, the largest rehabilitation hospital on the West Coast.

Our hospital offers comprehensive, evidence-based rehabilitative programs designed to manage medical conditions and restore mobility, cognitive function and independence in daily activities. We provide programs in a compassionate, caring environment where every patient's recovery is the core focus of our rehabilitation teams. Physician-led teams are comprised of specialized nurses, physical therapists, occupational therapists, speech-language pathologists and support staff. The team creates treatment programs to meet each patient's needs, goals and expectations. We help rebuild lives, assisting patients as they recover in their functional independence.

OUR PROGRAMS

Stroke	Brain Injury	Spinal Cord Injury
Orthopedic Injury	Neurologic Illness	Amputation
Organ Transplantation	Cancer	General Rehabilitation

ADMISSION CRITERIA

Your case will be carefully reviewed. Admission is determined through medical records, medical history and needs. More specifically, patients are assessed by our clinical staff to determine if they:

- Are 14 years of age or greater
- Are sufficiently medically stable
- Require 24/7 medical management by a rehabilitation physician
- Need at least two therapies, one must be physical or occupational therapy
- Demonstrate the potential to benefit from inpatient rehabilitation care
- Are able to participate in therapy, three hours per day in a five-day period, or 15 hours over seven days (activities tailored to individual needs and tolerance)
- Have insurer approval

REHABILITATION EXPECTATIONS

As a patient in the inpatient rehabilitation program, you will:

- Participate in all scheduled therapies each day
- Bring at least one week's supply of loose fitting clothing and walking shoes
- Provide insurance information
- Discuss medications with doctor/pharmacist and have them administered by nursing
- Prepare to return home by involving family or caregiver(s) in training sessions
- Be ready to leave the hospital by 11am on the discharge day

For more information, please contact our Admissions Department at
424.522.7111 or **833.CA.ADMITS**



Our mission is to provide our patients with an exceptional patient care experience, help restore their function, and improve their quality of life.

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